Fast forward to one year from now. What are the 3 obvious changes at you are super proud of?

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What is one great big dream you have that would thrill you to the core if you achieved or manifested it?

List 3 habits you know you need

to begin...

List 3 habits you know you need

to release...

List 5 qualities that describe how you want to BE over the coming year...

List 5 things you want to DO over the coming year…

Complete this sentence: If I am being honest, I believe my purpose on this planet is…

List 5 new things you want to HAVE

over the coming year...